

Summer Berry Salad

Prep: 5 min
Cook: 0 min
Serves: 4

Ingredients:

- ¼ cup extra-virgin olive oil
- 1 teaspoon chopped fresh basil
- 1 small garlic clove, minced
- ½ teaspoon kosher salt
- 6 cups fresh spinach
- 1 cup fresh blueberries
- ½ cup crumbled feta cheese
- ½ cup sliced almonds, toasted

Directions:

1. Whisk together olive oil, basil, garlic and salt in a small bowl.
2. Add the spinach, blueberries, feta and almonds to a large bowl. Drizzle with herb oil dressing and gently toss to combine. Serve immediately.



Nutrition Information

Serving size: 210g 4 servings Calories: 280

Amount per Serving	% Daily Value	
Total Fat	19g	24%
Saturated Fat	2.5g	13%
Trans Fat	0g	
Cholesterol	0mg	
Sodium	290mg	13%
Total Carbohydrate	28g	10%
Dietary Fiber	3g	11%
Total Sugars	2g	
Added Sugars	0g	
Protein	3g	
Vitamin D	0mcg	
Calcium	27mg	2%
Iron	1mg	6%
Potassium	832mg	20%