

Herbed Pasta Salad

Prep: 10 min
Cook: 10 min
Serves: 4

Ingredients:

- ½ pound fusilli pasta
- 2 Persian cucumbers, diced
- 1 small red bell pepper, diced
- ⅓ cup sliced black olives in water, drained
- 4 ounces fresh mozzarella, cubed
- ½ cup extra-virgin olive oil
- 3 garlic cloves
- ¼ cup fresh basil
- ¼ cup fresh parsley

Directions:

1. Bring a medium pot of salted water to a boil. Cook pasta according to package directions. Drain and rinse with cold water. Transfer to a large serving bowl.
2. Add cucumbers, bell pepper, olives and mozzarella cheese to the pasta.
3. Add the olive oil, garlic, basil and parsley to a blender or food processor. Blend until a smooth consistency. If the sauce is too thick, add additional olive oil to thin out to desired consistency. Pour over pasta and toss to combine.



Nutrition Information		
Serving size: 229g	4 servings	Calories: 560
Amount per Serving		% Daily Value
Total Fat	37g	47%
Saturated Fat	8g	40%
Trans Fat	0g	
Cholesterol	15mg	5%
Sodium	700mg	30%
Total Carbohydrate	43g	16%
Dietary Fiber	4g	14%
Total Sugars	8g	
Added Sugars	1g	2%
Protein	13g	
Vitamin D	0mcg	
Calcium	180mg	15%
Iron	2mg	10%
Potassium	670mg	15%